





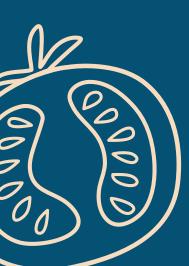
SPRING 2025





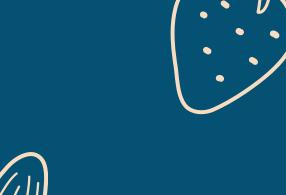






7.45am-9:00 pm Cafe Opening Times





Food



BAKERY

Nanaimo Bar \$5.25

A Canadian classic, made in house from scratch.

Cardamom Bun \$4.85

Made in house daily, these buns are a staple in Sweden and are not light on cardamom!

Sunrise Sandwich \$12.95

sausage patty, made in house pesto, Just egg and cheese

Scones \$3.50

Savoury or sweet and changing with the season, made in house

Chocolate Chip Cookie \$3.50

Alternating with Oatmeal Raisin and Chocolate, made in-house

Cinnamon Bun \$4.85

ask for it warmed up :). made in house

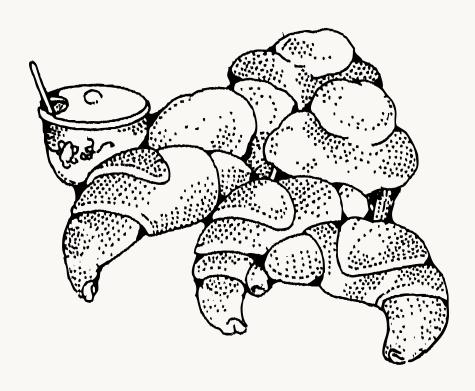
Slice of Cake \$8.50

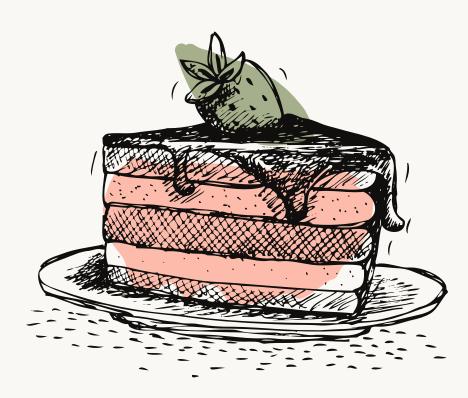
Rotating daily made in house

Steak Bake \$9.75

Puff pastry with a home made meaty filling made with soy, mushrooms and onion







FROM 11AM

Falafel bowl

\$15.95

Falafel, rice, cucumber, peppers, olives, pickled cabbage, hummus and house made sauce

Black bean burrito \$9.95

Rice, black beans, guacamole, veggie mix with a homemade chipotle sauce.

"Meatball" Sub \$12.95

Plant-based 'chicken' tenders on a baguette with tomato, lettuce, and mayonnaise.

Boursin Croissant \$9.75

Cream cheese, spinach and red pepper and seasoning

Drinks



SMOOTHIES

\$9.50

Coffee-banana

Coffee, banana & plant milk with a pinch of cinnamon

Berry blitz

Berry blend with plant milk

Smoothie of the week

Rotating special - see board for details





COLD DRINKS

Pepsi, 7UP, Ginger Ale,

Diet and sugar free options also available, 355ml cans a

Liber and co. 12oz \$5

Fiery Ginger, Passionfruit, Caramelized fig, Tonic

Bubly 355ml can \$4

Blackberry, lime, pineapple, strawberry. orange

Iced lattes, Americanos from \$6.85

12oz cup

NON-ALCOHOLIC

Corona/budweiser

\$7

Can

Seed lip Spirits & tonic

\$12

A selection of Seedlip alcohol free Gins with your choice of mixer (tonic or soda water)





\$4

Drinks



HOT DRINKS

Espresso \$2.75

Americano \$4.25 / \$5.25

Latte \$6.85 / \$7.85

Cappuccino \$6.85 / \$7.85

Turmeric Latte \$6.85 / \$7.85

Mocca (no cream) \$7.75 / \$8.75

Lavender Latte \$6.75 / \$7.75

Chai Tea Latte \$6.85 / \$7.85

Hot Chocolate \$6.85 / \$7.85

Tea (cup / pot) \$3.70 / \$4.50





EXTRAS AND MILK

Syrup (per pump) \$0.80 Extra Espresso Shot \$1

Glass of Milk \$3

Chips \$3.00

Chocolate from \$6.25

All prices include 5% GST

We are a tip-free company.

If you feel obliged to tip,
please donate instead to the
charity of the month
instead.

